

2011 SHIPROCK MARATHON INDIVIDUAL EVENTS LOGISTICS

2012 Shiprock Marathon – Individual Events

WELCOME to the 29th Annual Shiprock Marathon & Relays!

PACKET PICK-UP – Packet Pick-up is available at Dine' College (North Campus) in Shiprock, behind the Northern Navajo Medical Center the day before the races from noon-8:00 p.m. during the Health & Wellness Expo. Very limited packet pick-up will be available at the starting line for the marathon and half only. Please try to get your packet in Shiprock on Friday.

EVENT START TIMES

7:00 a.m. Marathon & Marathon Relays

8:00 a.m. Half-Marathon Run

8:00 a.m. 10K Trail Walk

BUS DEPARTURE SCHEDULE

All runners are invited to take the free bus transportation from Shiprock to the starting line.

Event

Marathon

Half-Marathon

10K Trail Walk

Bus departure from Shiprock High School

5:55am (Give yourself time to park, arrive by 5:40am)

7:10am (Give yourself time to park, arrive by 6:45am)

Race begins and ends at Dine' College

Note: Route 13 will be closed during events (6:30 am – Noon). Only designated Event Support Vehicles will be allowed on Route 13. This will keep vehicle traffic on the course to a minimum for everyone's safety and enjoyment. Spectators can watch the last 6.2 miles of all races on the west shoulder/hillsides of Hwy 491 and near the Finish Line at Diné College.

SUPPORT ON THE COURSE

Water and Gatorade refreshment stations will be available every two miles along the Marathon course, and every mile after the 20-mile point. Energy gels, fresh fruit, salty snacks and Clif Bars will be available throughout the course.

CLOTHING DROP OFF & PICK UP

Designated vehicles will transport clothing from starting lines to the Finish Line Area at Diné College.

We will have tape and markers at the start lines so that you may label your bag with your name & bib #.

EXPO, PASTA DINNER & LODGING INFO

While you are at Dine' College for the Packet Pick-up on Friday, be sure to visit the Health & Wellness Expo and stick around for the Pasta Dinner. The event will be held at Dine' College (North Campus) in Shiprock behind the Northern Navajo Medical Center. There will be local entertainment, booths by local programs, a chance to buy local art and last-minute race essentials plus a course preview. The Expo will run from 12:00 noon-8:00 p.m., with Dinner from 5-8 pm.

The host hotel is the Courtyard by Marriott in Farmington, NM, which is offering a discounted rate of \$89 on Friday and/or Saturday night and a late check-out of 3:00 p.m. on Saturday. Their number is (505) 325-5111. Contact us if you would like to camp in Red Valley near the start line or are interested in lodging with local families. Proceeds of the Shiprock Marathon benefit the work of NavajoYES, a Navajo Nation-based nonprofit that has been offering outdoor adventure, enrichment and service programs for youth since 1994. You may donate when you register for the race or feel free to bring gear (used is fine) when you come to the race in May. www.navajoyes.org

We are excited that you have chosen to join us for this year's Shiprock Marathon & Relays and we look forward to seeing you in Shiprock on May 5.

www.shiprockmarathon.com