



Student Name _____

School & Grade _____

Phone # _____

- Track your mileage between now and race day.
- On Friday, May 4, come join the race and complete the final part of the marathon.
- Receive a finisher's medal and snack at the finish line!

Check off the miles as you run them.

Mile #

1 ___ 2 ___ 3 ___ 4 ___ 5 ___ 6 ___ 7 ___

8 ___ 9 ___ 10 ___ 11 ___ 12 ___ 13 ___ 14 ___

15 ___ 16 ___ 17 ___ 18 ___ 19 ___ 20 ___ 21 ___

22 ___ 23 ___ 24 ___ 25 ___

*Then run the last 1.2 on race day
and you will have completed 26.2 miles...a marathon!*

See you in Shiprock on Friday, May 4!