



SHIPROCK MARATHON & RELAYS



- LEGEND**
- MILE MARKER
 - HALF MARATHON ROUTE
 - RELAY EXCHANGE
 - 💧 WATER & **G**
 - 🍌 HONEY STINGER GELS
 - ✖ MEDICAL STATIONS
 - 🚻 RESTROOM

AID STATIONS

FRESH FRUIT, SWEET AND SALTY ITEMS WILL BE AVAILABLE AT AID STATIONS THROUGHOUT THE RACE COURSE

RESTROOMS WILL BE AVAILABLE AT EVERY AID STATION

